

# 23rd Annual Camp Gian

Thursday

## SCHEDULE

|                     |  |
|---------------------|--|
| 6:30 AM - 6:45 AM   | Yoga   |
| 6:45 AM - 7:35 AM   | Nitnem   |
| 7:35 AM - 8:00 AM   | Theme Shabad & Simran  |
| 8:00 AM - 8:30 AM   | Ardaas, Hukamnana, Parsaad, Announcements,<br>Reflections, Word of the Day |
| 8:30 AM - 9:10 AM   | Breakfast  |
| 9:10 AM - 10:10 AM  | Class 1  |
| 10:10 AM - 10:20 AM | Change Classes   |
| 10:20 AM - 11:10 AM | Class 2  |
| 11:10 AM - 12:10 PM | Lunch  |
| 12:10 PM - 1:00 PM  | Class 3  |
| 1:00 PM - 2:00 PM   | Transportation to Field Trip   |
| 2:00 PM - 4:00 PM   | Field Trip   |
| 4:00 PM - 5:00 PM   | Transportation from Field Trip   |
| 5:00 PM - 5:15 PM   | Change into Uniform  |
| 5:15 PM - 6:05 PM   | Refreshments/Snacks  |
| 6:05 PM - 6:50 PM   | Rehraas on Vaaja   |
| 6:50 PM - 7:00 PM   | Reflections  |
| 7:00 PM - 7:20 PM   | Theme Shabad & Simran  |
| 7:20 PM - 7:50 PM   | Smapti   |
| 7:50 PM - 8:40 PM   | Langar   |
| 8:40 PM - 9:40 PM   | Evening Activity   |
|                     |  |
| <b>10:10 PM</b>     | <b>Lights Out (Curfew Imposed)</b>   |
| 10:10 PM - 11:00 PM | Junior Counselor Meeting   |