

22nd Annual Camp Gian
(Monday, Tuesday, Wednesday)

SCHEDULE

6:40-7:00	Yoga
7:00-7:50	Nitnem
7:50-8:20	Theme Shabad & Simran
8:20-8:50	Ardaas, Hukamnama, Parsaad, Announcements, Reflections, Word of the Day
8:50-9:30	Breakfast
9:30-10:25	Class 1
10:35-11:30	Class 2
11:30-12:10	Lunch
12:20-1:15	Class 3
1:15-1:30	Get ready for Recreation
1:30-2:00	Transportation to Recreation
2:00-3:45	Recreation
3:45-4:15	Transportation from Recreation
4:15-4:45	Refreshments/Snacks
4:45-5:45	Intensive Learning Class
5:45-6:15	Rehraas
6:15-6:25	Reflections
6:25-6:55	Theme Shabad & Simran
6:55-7:25	Smapti
7:25-8:15	Langar
8:15-9:15	Evening Activity
9:45	Lights Out (Curfew Imposed)

